



**GHSA STATE TRACK & FIELD STATE CHAMPIONSHIPS**  
**1A-Division II, 3A**  
**May 9-10, 2025**  
**(Hugh Mills Stadium, Albany, GA)**



**Field Events**

- Pole Vault Warm-up times - (60 minutes) 8:00 am, 11:00 am, 2:00 pm, 5:00 pm
- 9:00 am High Jump-Class 3A Boys, Pole Vault-Class 3A Boys, Discus Throw-Class 1A Girls, Shot Put-Class 3A Boys, Long Jump-Class 1A Girls, Triple Jump-Class 3A Boys
  - 11:00 am High Jump-Class 3A Girls, Discus Throw-Class 1A Boys, Shot Put-Class 3A-Girls, Long Jump-Class 1A Boys, Triple Jump-Class 3A Girls
  - 12:00 pm Pole Vault-Class 1A Girls
  - 1:00 pm High Jump-Class 1A Boys, Discus Throw-Class 3A- Girls, Shot Put-Class 1A Boys, Long Jump-Class 3A Girls, Triple Jump-Class 1A Boys
  - 3:00 pm High Jump-Class 1A Girls, Pole Vault-Class 3A Girls, Discus Throw-Class 3A Boys, Shot Put-Class 1A Girls, Long Jump-Class 3A Boys, Triple Jump-Class 1A Girls
  - 6:00 pm Pole Vault-Class 1A Boys

**Running Events**

The order of running events will be Class 1A girls/boys, then Class 3A girls/boys, except for the hurdles which will be Class 1A/3A girls, then Class 1A/3A boys

- 4:45 pm 100 Meter Hurdles
- 5:05 pm 110 Meter Hurdles
- 5:25 pm 100 Meter Dash
- 5:55 pm 4x800 Meter Relay *Finals***
- 7:55 pm 4x100 Meter Relay
- 8:15 pm 400 Meter Dash
- 8:45 pm 300 Meter Hurdles
- 9:15 pm 200 Meter Dash
- 9:45 pm 1600 Meter *Finals***

**Saturday, May 10, 2025**

***Finals***

- 11:00 am 100 Meter Hurdles
- 11:15 am 110 Meter Hurdles
- 11:30 am 100 Meter Dash
- 11:45 am 4x200 Meter Relay
- 12:30 pm 800 Meter Run
- 12:50 pm 4x100 Meter Relay
- 1:15 pm 400 Meter Dash
- 1:35 pm 300 Meter Hurdles
- 1:55 pm 200 Meter Dash
- 2:15 pm 3200 Meter Run
- 3:25 pm 4x400 Meter Relay
- 4:00 pm Presentation of Trophies

**2025 STATE MEET VERTICAL OPENING HEIGHTS/PROGRESSIONS**

**BOYS POLE VAULT- 9'6"- 10'6"- 11'6"- 12'0"- 12'6"...**

**GIRLS POLE VAULT- 7'- 8'- 9'- 9'6"- 10'0"...**

**BOYS HIGH JUMP- 5'8"- 6'- 6'2"- 6'4"...**

**GIRLS HIGH JUMP- 4'6"- 4'10"- 5'- 5'2"...**

**GAMES COMMITTEE AND EVENT OFFICIALS SHOULD USE JUDGMENT WITH REGARDS TO ADJUSTING DUE TO WEATHER OR FIELD TALENT FOR EACH GROUP WITH THE UNDERSTANDING THAT THESE CHANGES WERE IMPLEMENTED TO HELP MOVE THE EVENT ALONG AND NOT PRECLUDE ATHLETES FROM BEING ABLE TO COMPETE.**