



2013 BOYS' LACROSSE CLINIC



SAFETY IN OUR SCHOOLS:
Education, prevention, management

WRITTEN EMERGENCY ACTION PLAN

- ▣ Mandated for athletic practices and games
- ▣ Include responses to:
 - weather-related emergencies
 - serious illness/injury situations
 - violence/terroristic incidents
- ▣ Solicit assistance from
 - local law enforcement agencies
 - first responder/rescue agencies
 - medical personnel

E.A.P. PROCESS

- ▣ Formulate the plan carefully
- ▣ Practice the plan regularly
- ▣ Implement the plan precisely



GHSAA CONCUSSION MANAGEMENT PROTOCOL

SYMPTOMS OF CONCUSSION

- ▣ Headache and/or nausea after head trauma
- ▣ Loss of consciousness may not occur
- ▣ Balance and/or vision problems
 - dizziness; double vision
 - severe sensitivity to light and sound
- ▣ Cognitive processing problems
 - Lessened concentration or memory
 - Physical sluggishness with confusion about present situation

ACTION PLAN FOR CONCUSSION

- ▣ Remove athlete from practice or game
- ▣ Arrange for athlete to get medical attention
- ▣ Inform athlete's parent/guardian
- ▣ Allow athlete to return only on the permission of a doctor who has examined player

MEDICAL EVALUATION

- ▣ Neither umpires, nor coaches, are expected to "diagnose" a concussion, as that is the job of an appropriate health-care professional
- ▣ The umpire is not responsible for the evaluation or management of the athlete after he or she is removed from play



IMMEDIATE RETURN-TO-PLAY

- ▣ If an appropriate health-care professional determines that the athlete HAS NOT suffered a concussion, the athlete may return to play (according to substitution rules)
- ▣ If there is no appropriate health-care professional available to evaluate the athlete, the athlete SHOULD NOT be allowed to return to play

MISCELLANEOUS RULES AND PROCEDURES



PRACTICE DURING SCHOOL DAY

- ▣ State Board of Education standard and GHSA by-laws involved.
- ▣ *"A player who participates in a GHSA sport may not participate in practices during the sports season that occur during the school day even if that practice is not a part of the school's practice activity."*
- ▣ Fairness issue for individuals and teams

CROWD CONTROL PRECAUTIONS

- ▣ **2.71c1: Take proper steps & precautions to insure crowd control, including having a Game Manager at all GHSA events.**
- ▣ **2.71c2: Take steps to insure comfort & security of all players, coaches, and officials.**
- ▣ **2.71c4: Security escorts must be provided to game officials by the host school before & after contest, at halftime, and even to their vehicles.**

GHSa GAME MANAGER PROCEDURES

- ▣ **Host school provides**
- ▣ **Principal or designate with decision-making authority**
- ▣ **Works with officiating crew in regard to:**
 - **Crowd sportsmanship issues**
 - **Serious injury issues**
 - **Weather-related emergencies**
 - **Escort to and from competitive area**
- ▣ **“Custodian” of the lightning detector**

GHSa LIGHTNING POLICY

- ▣ **Lightning detectors required for all outdoor GHSa events**
- ▣ **When lightning detected within 8-10 mile range, Game Manager notifies game officials**
 - **Game suspended**
 - **Players, coaches, & officials moved indoors**
 - **Spectators given instruction to move indoors**
- ▣ **Game will be restarted if no lightning in danger zone has been detected for 30 minutes**
- ▣ **There is a “Thor Guard” exception for resuming play**

POSTPONED GAMES

- ▣ **Home team has authority until time for umpires to take jurisdiction**
- ▣ **Decision made before game has begun must be for valid playing reasons**
- ▣ **Game may be started later that day or postponed until another day**
- ▣ **Notification to opponents and umpires should occur as early as possible**

INTERRUPTED GAME

- ▣ **Once game has started, umpires may halt game for:**
 - **Weather conditions**
 - **Darkness (day games)/light failure (night games)**
- ▣ **The maximum time to stop play is two hours (cumulative) when teams are in different classifications**
- ▣ **Matches between schools of same classification must be played to completion**

GHSA BY-LAW 2.93

- ▣ Please review this by-law that contains specifics about weather delays
- ▣ Including procedure for the payment of officials

2013 GHSA Boys Lacrosse Rules Clinic




- **Points of Emphasis**
- **Major Rules Revisions and clarifications**
- **Georgia rules and issues**

2013 Points of Emphasis

- 1.Hits to the Head/Neck
- 2.Field Dimensions
- 3.Properly Worn Equipment
- 4.Sideline Sportsmanship

2013 Points of Emphasis Hits to the head/neck

Concussion In Sports - What You Need To Know 

Unit 1: Concussion Overview
Introduction
What is a concussion?
What happens to the brain?
Unit 2: The Problem
Unit 3: Your Responsibility
Unit 4: Review
Course Evaluation

Concussions affect 4 Areas of Functionality

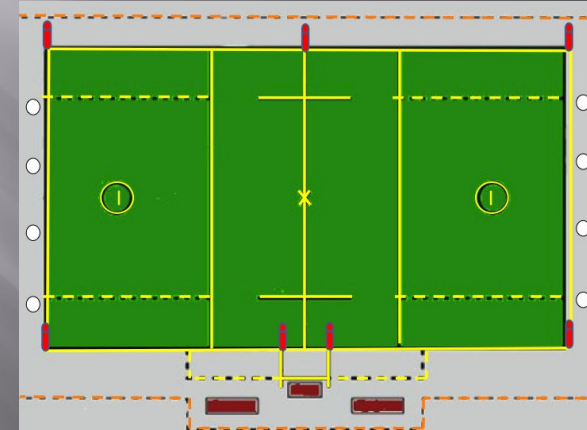
- The way the person feels
 - May cause headache or fatigue
- How they think
 - May affect memory or concentration
- Change in emotions
 - May become irritable or sad
- Problems with sleep
 - Trouble falling asleep

[TRANSCRIPT](#) [RESOURCES](#)

A concussion affects the brain in 4 separate areas of function: the way the person feels, how they think, their emotions, and problems with sleep.

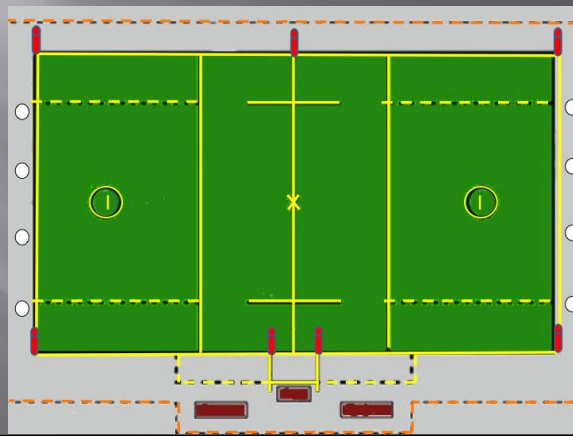
2013 Points of Emphasis Field Dimensions

Regulation
Lacrosse
field



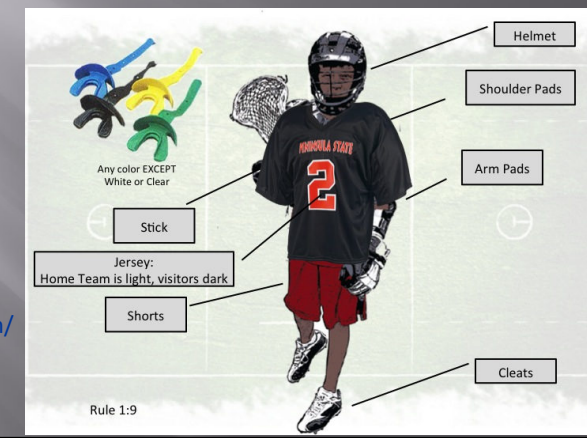
2013 Points of Emphasis Field Dimensions

53 ⅓ - 60
yards
wide



2013 Points of Emphasis: Properly worn equipment

[galaxref.com/
stickcheck](http://galaxref.com/stickcheck)



2013 Points of Emphasis: Sideline Sportsmanship



galaxref.com/
fans

2013 Boys Lacrosse Rules Changes

2013 NFHS Boys Lacrosse Major Rules Revisions

15 rule revisions for 2013

Rule 1-2-6	Rule 1-12 & 5-5-2s	Rule 5-4
Rule 1-5	Rule 2-5-2	Rule 6-5-2v
Rule 1-6-2	Rule 4-3-5	Rule 6-6-3b
Rule 1-8	Rule 4-3-6 & 5-10d	Rule 7-3
Rule 1-9-2-e	Rule 4-15-2	Rule 7-13

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 1-2-6

□ A point on the center line, equidistant from each side, shall be marked with an "X" or a **4-inch square that is a contrasting color** and shall be designated as the center.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 1-5

- ▣ The ball shall be white, yellow, orange or **lime green** and meet the current NOCSAE lacrosse ball standard. **White balls shall be used unless both coaches agree prior to or during the game to use a yellow, orange or lime green ball.** Game balls shall be supplied by the home team. The ball shall include the NFHS Authenticating Mark.
- ▣ **Note: Beginning in 2014, all game balls must include labeling which states:**
"Meets NOCSAE Standard. NFHS"

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 1-6-2

- ▣ A ball stop is not required. If a ball stop is used, only one may be used, **and the dimensions shall be a maximum of 2 inches in length, 1 ½ inches in width and ¼ inch in thickness.**

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 1-8

- ▣ Any strings or leathers are limited to a hanging length of **2** inches.

2013 Revised Situations and Rulings

***1.8 SITUATION:** During an equipment inspection, the following conditions are discovered: (a) A1's crosse pocket does not meet depth requirements. (b) A2's crosse is measured to be 39¾ inches long. (c) Strings on A3's crosse hang longer than **2** inches. (d) A4's shaft has been cambered. **RULING:** In (a), personal foul; one-minute nonreleasable penalty; crosse removed from game until it meets specifications. In (b), personal foul; three-minute nonreleasable penalty; illegal crosse will remain at the table area for remainder of game. In (c), A3 is instructed by official to cut strings to proper length. If A3 fails to comply, a one-minute nonreleasable penalty shall be issued. In (d), personal foul; three-minute nonreleasable penalty; illegal crosse will remain at the table area.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 1-9-2e New

- ▣e. A protective cup is recommended for all players.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rules 1-12 and 6-5-2s

- ▣1-12 . . . At the beginning of the game, the home team is required to provide a **scorebook, a timing device, a table** and a working horn (hand-held or as part of the scoreboard). Failing to provide any of these items is penalized as illegal procedure.
- ▣6-5-2s . . . Failure to provide a **scorebook, timing device, table** and working horn.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 2-5-2

- ▣The recommended uniform for officials shall include:
- ▣(c) **black** or white shorts (minimum 6-inch inseam) or full-length solid black pants;
- ▣The uniform should fit properly and be clean and neat. **All officials working the game are to be dressed the same.**

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 4-3-5

- ▣...stating the word "set." **The official shall vary the cadence of sounding the whistle for each faceoff.** At the sound of the whistle...

2013 NFHS Boys Lacrosse Major Rules Revisions

Rules 4-3-6 New and 5-10-1d New

▣ART 6 . . . It is illegal for a player to deliberately use his hand or fingers to play the ball. This shall be enforced immediately as an unsportsmanlike conduct penalty. It is illegal for a player to grab an opponent's crosse with the open hand or fingers. This shall be enforced immediately as an unsportsmanlike conduct penalty.

Note: Inadvertent touching of the ball when the hand is grasping the stick should not be called as an unsportsmanlike conduct foul.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rules 4-3-6 New and 5-10-1d New

▣ 5-10-1d . . . d. Deliberately use his hand or fingers to play the ball or grab an opponent's crosse with the open hand or fingers.

Note: Inadvertent touching of the ball when the hand is grasping the stick should not be called as an unsportsmanlike conduct foul.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 4-15-2

▣ART. 2 . . . The requirement for advancing the ball into the goal area is met when the ball touches anything within that area or a player in possession of the ball touches the line or is inside the goal area.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 5-4

▣ART. 1 . . . A player shall not initiate contact to an opponent's head or neck with a cross-check or with any part of his body (head, elbow, shoulder, etc.). Any follow-through that contacts the head or neck shall also be considered a violation of this rule.

▣ART. 2 . . . A player shall not initiate an excessive, violent or uncontrolled slash to the head/neck.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 5-4 (Continued)

- ▣ART 3 . . . A player, **including an offensive player in possession of the ball**, shall not block an opponent with the head or initiate contact with the head (known as spearing).
- ▣PENALTY: One-, two- or three-minute non-releasable foul, at the official's discretion, for violation of Article 1, 2 or 3. **If the contact to the head/neck is considered deliberate or reckless, the penalty shall be a minimum two- or three-minute non-releasable foul. An excessively violent violation of this rule may result in an ejection.**

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 6-5-2v New

- ▣v. **When no player from the team awarded possession picks up the ball and moves to the position of the restart within five seconds after the officials are ready to restart play. (Note: This only applies to situations in which Rule 6-5-2f does not apply).**

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 6-6-3b

- ▣A coach or player may leave the bench/coaches area and enter the table area only **(1) To exchange a crosse with a player on the field in the opposite end of the field from that team's bench during a live ball or dead ball;** or (2) To seek information from the timer or scorekeeper during a dead ball.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 7-3 Exception

- **Exception:** For **live-ball** simultaneous fouls where time is to be served by each team, the ball will be put in play at the spot where the ball was when the whistle blew or laterally outside the goal area nearest to the spot of the ball at the time of the whistle.

2013 NFHS Boys Lacrosse Major Rules Revisions

Rule 7-13

ART 2 . . . Inadvertent Whistles – In the event of an inadvertent whistle, play shall be suspended immediately. The team with possession or entitled to possession when the whistle was blown shall retain possession. If the ball was loose outside the crease, possession shall be awarded by alternate possession. If the ball was loose inside the crease, award to the defensive team laterally outside the goal area.

2013 NFHS Boys Lacrosse Major Editorial Rules Revision

Rule 2-6-1 Note

- Revised the second sentence of the note as follows:
- State associations may intercede in the event of unusual incidents that occur **before, during or** after the officials' jurisdiction has ended or in the event that a contest is terminated prior to the conclusion of regulation play.

2013 Boys Lacrosse New and Revised Situations and Rulings

2013 New Situations and Rulings

***1.6.1 SITUATION:** During an equipment inspection, A1's handle has a tape ring measuring more than 3.5 inches in circumference that is (a) within 3 inches or (b) more than 3 inches from the butt end of the handle. **RULING:** (a) Legal (b) The stick is not considered illegal. The tape ring, which is more than 3 inches from the butt end of the handle, must be removed before the stick is returned to play. There is no penalty assessed.

2013 New Situations and Rulings

***4.11 SITUATION A:** Team A delays its substitution, which causes it to have too few players on either end of the field. **RULING:** Illegal procedure if Team A gains an advantage by the delayed substitution.

2013 Revised Situations and Rulings

***1.2 SITUATION:** Officials arrive at game site and notice that the field markings (a) do not conform to the "Lacrosse Field of Play" diagram or (b) do not meet requirements as specified in the rules i.e. lines missing or are of incorrect dimensions.

RULING: Officials notify the home team's head coach. If unable to make corrections to markings or add missing lines, the game is played and the official shall notify the sponsoring authority.

NOTE: If the center line does not run the entire width of the field, an illegal procedure penalty is assessed.

Notes for Georgia

- ▣ 10 goal differential
- ▣ No overtime in subvarsity
- ▣ Varsity quarters are 12 minutes long
- ▣ Subvarsity quarters are 10 minutes long

Notes for Georgia

- ▣ Ejection analysis over the last two years
 - All occurred in the second half
 - 36% in the third quarter
 - 64% in the fourth quarter or after time had expired

Questions?

Contact your assigning association

Georgia Rules Interpreter:
rulesinterpreter@galaxref.com

Atlanta Peach State Lacrosse Contact Information

- ▣ Keith Collis
- ▣ 678-592-1194
- ▣ Larry Hobgood
- ▣ 770-527-7892

www.apfoa.com/lacrosse.html

GLOA Officers and Board Members

- ▣ Damian Kavanagh – President@galaxref.com
- ▣ Landon Hunsucker – VicePresident@galaxref.com
- ▣ Peter Fleury – Treasurer@galaxref.com
- ▣ Ryan Rowe – Secretary@galaxref.com
- ▣ Patrick Joyce – Assignor@galaxref.com
- ▣ Eric Rudolph
- ▣ Dave Clements



www.galaxref.com

Assigning

- ▣ 4 GLOA Assignors for 2013 Season
 - Patrick Joyce – Head Assignor
 - Stuart Smith – Sub-Assignor
 - Ryan Rowe – Sub-Assignor
 - Tony Rouse – Sub-Assignor

Class	Area 1	Area 2	Area 3	Area 4
5A	Stuart Smith	Tony Rouse	Ryan Rowe	Ryan Rowe
1A to 4A	Stuart Smith	Tony Rouse	Ryan Rowe	Stuart Smith

Assigning

- ▣ Patrick Joyce (GLOA Head Assignor)
 - assignor@galaxref.com
 - 404-520-1424 (cell)
- ▣ Stuart Smith (GLOA Sub-Assigner)
 - southassigner@galaxref.com
 - 678-749-1670 (cell)
- ▣ Ryan Rowe (GLOA Sub-Assigner)
 - nghassigner@galaxref.com
 - 404-784-1896 (cell)
- ▣ Tony Rouse (GLOA Sub-Assigner)
 - subassigner@galaxref.com
 - 678-521-6261 (cell)

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[www.apfoa.com/la
crosse.html](http://www.apfoa.com/lacrosse.html)

Thank You!