
GEORGIA



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HIGH SCHOOL ASSOCIATION

Revised Guidance conditioning starting on July 6, 2020 with recommendations and/or restrictions

- All previous guidance and restrictions remain in place except the changes below.
- Workouts are conditioning only (**intra**-squad competitions are allowed but competition between schools is illegal); sports specific equipment (including balls) may be used and should be sanitized between sessions.
- Groups of 50 (re-grouping of participants is allowed if can be done safely), including coaches, for workouts **per sport** at any given time at the campus/facility.
- Cheerleading, Softball and Volleyball tryouts are allowed.
- Mask and face covering are recommended.
- Each student should have their own personal water bottle (water bottles may be re-filled during workouts). No use of water fountains or “water cows” is allowed.